FRESHMAN-SOPHOMORE MEET MONDAY Oct. 20th 2014 Bethpage State Park

REVISED SCHEDULE SEE CHANGES IN RED

ALL ATHLETES WILL WEAR 3x5 INDEX CARDS WITH NAME, SCHOOL, AND RACE. (SAME AS WEEKDAY LEAGUE MEETS)

ADDED JR/SR BOYS 4:35 PM

ADDED JR/SR GIRLS 4:40 PM

FRESHMAN BOYS: 4:55 PM

FRESHMAN GIRLS: 5:05 PM

SOPHOMORE BOYS: 5:15 PM

SOPHOMORE GIRLS: 5:25 PM

AS A REMINDER THE PRIMARY PURPOSE OF THE JUNIOR/SENIOR RACES IS TO PROVIDE ANY ATHLETE AN OPPORTUNITY TO COMPETE IN THEIR 6TH MEET. IN ORDER FOR ANY ATHLETE TO COMPETE IN THE COUNTY CHAMPIONSHIP (OCTOBER 25TH) EITHER IN THE JUNIOR VARSITY OR VARSITY RACE THEY MUST HAVE COMPETED IN 6 SANCTIONED RACES REPRESENTING THEIR SCHOOL.

PLEASE DO NOT RUN YOUR ENTIRE TEAM UNLESS IT IS NECESSARY AS THE RACE WILL BE TOO LARGE AND POTENTIALLY VERY DIFFICULT TO MANAGE.